



# RockTape: Instrument Assisted Soft Tissue Mobilisation (IASTM)

**Saturday 10th November 2018**

The Massage Training School, Exmouth

*Attend one or both days*

## **EXMOUTH IASTM Seminar - Includes RockBlade Tools!**

Our IASTM seminar has been developed by industry leading experts in movement assessment and therapy AND you get to keep the tools you use in the class!

IASTM introduces the concept of movement therapy and performance enhancement via Instrument Assisted Soft Tissue Mobilisation (IASTM).

The tools may be hard-edged, but the techniques don't need to be aggressive to deliver superior patient outcomes.

The IASTM certification will review screening dysfunctional movement patterns and utilising soft tissue tools to improve patient treatment. The anatomy, physiology and most importantly the neurology of myofascial soft tissue work is covered, along with supporting research.

IASTM intervention strategies will also be combined with kinesiology taping and corrective exercise techniques to deliver a comprehensive approach to patient care.

**The cost of this course includes RockBlades.**

You will be able to take these supplies home with you at the end of the course (or if you chose not to purchase the course with blades we will give you RockBlades to use during the session).



**Booking:** Book directly through ROCKTAPE - <http://shop.rocktape.co.uk/exmouth-rockblades-seminar-iastm-sat-10th-nov-2018-includes-rockblade-tools/>

**Cost:** £329 With RockBlades - **Current/Past Students get a discount** – email [info@themassagetrainingschool.com](mailto:info@themassagetrainingschool.com) **BEFORE booking!**

**Venue:** The Massage Training School, 51 Imperial Road, Exmouth, Devon EX8 1DQ

**When:** 9:15am-4.30pm. Registration 9am

**Includes:** Course notes, RockBlades, A personal certificate of attendance with CPD hours will be issued upon completion.