

JOHN GIBBONS BODYMASTER METHOD

MASTERCLASSES

CERVICAL SPINE & SHOULDER MASTERCLASS

28TH & 29TH April 2012

@ The Massage Training School Bristol



On completion of this comprehensive 2 day course you will have the knowledge and practical experience necessary to identify, assess and treat specific

dysfunction within the cervical spine and the shoulder.

SACRO- ILIAC JOINT MASTERCLASS

21ST & 22ND JULY 2012

@ The Massage Training School Exmouth



This 2 day Masterclass will cover the mechanics of the SIJ and the challenging assessment methods together with a protocol of treatment and rehabilitation of the area.

Including MET, ART, Functional Rehabilitation

Booking Info

The Massage Training School
51, Imperial Road Exmouth
Devon EX8 1DQ
01395 271610

info@themassagetrainingschool.com
www.themassagetrainingschool.com

COURSE FEES £190 per workshop

Pre-requisites:

The advanced nature of these courses content require you have a high standard of both theoretical and practical knowledge. Minimum Qualification pre requisite is a level 3 sports massage and preferable 2 years of practice. Course Learning is essential and we would suggest a good knowledge and/or revision of the area with particular emphasis on the joints & ligament muscle origins and insertions.



John Gibbons BSc OST

John Gibbons is a qualified and registered osteopath with the General Osteopathic Council, specialising in the assessment,

treatment and rehabilitation of sport-related injuries, specifically for the University of Oxford sports teams. Having lectured in the field of sports medicine and physical therapy for over 12 years, John delivers advanced therapy training to qualified professionals within the Premiership football and rugby sectors. He has written many articles on various aspects of physical therapy, which have been published through the Federation of Holistic Therapies and Sports Injury Bulletin.

ENROLMENT FORM *(to be sent with deposit to The Massage Training School 51, Imperial Road Exmouth EX8 1DQ) cheques payable to “The Massage Clinic”*

FULL NAME

ADDRESS

POSTCODE

TEL.

E-MAIL

THERAPY PRACTICED

WHERE DID YOU HEAR ABOUT THE WORKSHOP

The Massage Training School www.themassagetrainingschool.com 01395 271610

51, Imperial Road Exmouth Devon EX8 1DQ